



# Packing List

## ***Help! I'm Starting to Pack. What Does My Daughter Need To Bring?***

Below is a suggested list of clothing and items for your daughter to bring to Camp. When packing, remember that campers have their laundry done once each week. Campers should pack clothing that is suitable for outdoor activities. Any new clothing must be pre-washed. Keep in mind that Vermont's mountain air is typically cooler than what might be expected. Nighttime temperatures occasionally dip into the 40's, with daytime temperatures ranging from the 60's to the 80's. Therefore, you may wish to pack some warmer clothing to supplement the usual summer wardrobe.

- We **require that all articles of clothing have the camper's name** on them.
- Laundry is done once a week. Pack enough clothing for at least 8 days.
- Camp colors are blue and white. A shirt of each color is helpful
- Linens are provided for **International campers**
- Any item brought to camp which may cause safety concerns will be subject to our policy regarding storage and usage or sent home.
- Pets are welcome to visit but no overnights, please. See a Director for pick up bags if needed.

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### CLOTHING & PERSONAL SUGGESTIONS

- 7-8 shirts minimum
- 2 sweatshirts
- 2 white T shirts or sweatshirts  
for arts and crafts projects (tie dye etc.)
- 5-6 shorts
- 3 pairs of long pants/jeans
- 1 warm jacket
- 1 raincoat with hood
- 10 underpants minimum
- 2 bathing suits
- 2-3 clotheshangers
- 4 changes of sleepwear
- 1 pair clay court tennis shoes
- 1 pair sturdy shoes
- 1 pair flip flops
- 7 pairs of socks minimum most lost item in camp
- 1 bath robe
- toilet articles with bag for carrying
- wax for braces and a braces tune-up prior to Camp

### BEDDING&LINEN

- 1 pillow, 2 pillow cases
- 2 sets of sheets (big twin) 3 blankets
- 4 bath towels, 2 wash cloths, 1 laundry bag

### FOR RIDING

- 1 ASTM/SEI approved riding helmet with harness or chin strap - **MANDATORY** for riding
- 1 pair riding boots - sturdy boot with heel and smooth sole - **MANDATORY** for riding
- long pants (jeans or riding britches)
- 1 pair white Keds type sneaker (**MANDATORY** if vaulting)
- 1 pair rubber boots or stable footwear

### OTHER ITEMS

- water bottle (**REQUIRED**)
- flashlight and extra batteries (**REQUIRED**)
- white swim cap (**REQUIRED**)
- sleeping bag (highly recommended)
- tennis racket (highly recommended)
- tennis balls
- duffle bag or soft trunk (needs to fit under bed)
- stationery and stamps
- ball point pen
- soap container
- mosquito repellent and afterbite
- sunscreen
- books
- backpack
- favorite *stuffed* animal (no live ones please)
- softball glove
- small wall poster (with push pins)
- camera/film
- wind breaker
- wild unusual clothing for dress ups
- nice outfit for end of session banquet (7/19 & 8/9)
- battery operated personal music player (iPods are allowed but once the charge runs out we cannot guarantee a recharge; access to games/the internet will be restricted by a director)

### ITEMS NOT ALLOWED

- internet devices
- cell phones
- digital cameras
- weapons
- illegal substances
- any type of food, candy, gum, beverage
- pets
- cars/trucks/any vehicle or device designed to carry passengers